



February 2024

Breakfast Menu



* Please notify the kitchen manager and Food Service office of any student allergies. Menu is subject to change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Icon Key: No Dairy, or Dairy Free Optional Halal Ingredients Vegetarian Item Contains Pork			1 Whole Grain Rich French Toast Sticks with Fruit Toppings	2 Tropi-Kale Smoothie w/ Graham Crackers
5 Whole Grain Rich Zucchini Bread Loaf Slice	6 Chef Choice Breakfast	7 Freshly Baked Cheddar Cornbread Muffins with Hard Boiled Egg	8 Cinnamon Raisin Bagel with Cream Cheese Served Warm	9 Fruit and Granola Parfait Cup with Vanilla Yogurt
12 Whole Grain Rich Pumpkin Bread Loaf Slice	13 Breakfast Taco with scrambled egg tomato salsa and shredded cheese	14 Warm Whole Grain Rich Pancakes	15 Protein Power Pack Hard Boiled Egg Cheese Stick Fresh Fruit Graham Crackers	16 Strawberries & Cream Smoothie w/ Graham Crackers
19	20	21	22	23

February Vacation!

26 Whole Grain Rich Banana Bread Loaf Slice (nut free)	27 Egg and Cheese Sandwich on a Whole Grain Rich Croissant	28 Fresh Baked Blueberry Cornbread Muffins	29 Whole Grain Rich French Toast Sticks with Fruit Toppings	
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MENU NOTES

New Local Connections

We are excited to announce a new partnership with the Boston Food Hub to source locally grown produce. As a program of Boston Area Gleaners, they collaborate with small Massachusetts farms to get their crops to market. Even though it's winter many of these farms hold hearty crops in cold storage, such as Butternut Squash, Radishes, Potatoes, Apples, and more! We received our first delivery from Boston Food Hub last month, and are excited to feed Massachusetts Students some Massachusetts grown food.

Daily Breakfast Options

Fresh Fruit
Whole Grain Rich - Low Sugar Cereal
Yogurt Cups & Graham Crackers
Whole Grain Muffin Varieties
1% or Skim Milk, 100% Fruit Juice, or Water